

Phase III Guidelines for Lesson Evaluation

- **Objective of lesson** – written correctly, including an assessment toll, is a riding skill and is appropriate for rider's age & disability.
- **Ring set up** – safe, uses horse-related equipment, takes advantage of ring space and spacing.
- **Use of volunteers** – well trained and safe, leader and side aides assigned as appropriate for disability, moves volunteers in and out to allow for independence as appropriate.
- **Horse assignment** – horse is chosen based on movement and conformation that will benefit the rider.
- **Tack and equipment** – is assigned based on rider needs for support and sensory needs. Is chosen to fit both horse and rider.
- **Introduction** – Introduces rider to horse and team.
- **Safety check prior to mounting** – Checks horse's tack, adjusting correctly. Checks girth. Checks fit and safety of helmet. Checks rider's pockets and checks for gum.
- **Mount** – appropriate for rider, safely performed, communicates with team, mounts riders in appropriate sequence. Horse is square.
- **Post Mount** – communicates with team. Horse is squared, safety check, posture and position are checked and corrections made.
- **Warm up** – 1st rider mounted begins warm up with communication from instructor. Warm up is related to lesson objective. Warm up is connected to the skill being taught. Is taught using whats, hows and whys. Corrections are made using appropriate praise with an engaging voice.
- **Safety Check** – Girth is checked again.
- **Lesson skill** – relates directly to objective and is a riding skill or part of a riding skill.
- **Skill is taught** – Rider is told what to do using whats, hows and whys appropriate for disability.
- **Performance of the skill** – corrections are made and alternative methods give as needed. Skill is repeated and improved and maintained for the length of time for body or mind to learn.
- **Posture check** – posture check from behind while horse is standing square, or while horse is moving away in a straight line. Appropriate corrections are made through cueing or using horse movement.

- **Qualified praise** – Praise is given when appropriate. Corrections are made positively.
- **Voice** – Voice is engaging, confident and audible.
- **Reinforcement of skill** – Skill is reinforced using another activity. Reinforcement is used as a reward and to have some fun appropriate to rider age and disability relating to the lesson objective.
- **Cool Down** – Provides closure to the lesson reviewing the skill taught. Provides for question-and-answer time. Skill is still being taught.
- **Dismount** – Horse is square, appropriate for rider disability, communicates with team. Dismounts riders in appropriate sequence according to need.
- **Over view** – Lesson was safe, progressive and fostered independence. Rider, horse and volunteers were safely under instructors control. Task analysis and skill progression were evident. Lesson related to objective and goals.
- **Assessment** – The instructor provides self-reflection of the lesson that addresses their strengths and weaknesses. The successes of the rider is evaluated and provides guidance for future lessons.